

Department of Yoga Science University of Patanjali, Haridwar

PROGRAM REPORTING

Dr. Rudra Bhandari, Associate Professor, Department of Yoga Science, University of Patanjali, contributed as a Resource Person and delivered a talk on "Advances in Yoga Therapy" in the Faculty Development Program regarding Indian Knowledge System organized by the Department of Biotechnology, Physics and Chemistry, Govt. S.V.Y. PG Autonomous College, Durg, Chhattisgarh, held from 20 to 27 Sept 2023. The undersigned delivered the talk and conducted practical yoga sessions among teaching staff from different educational institutions of Chhattisgarh on the 22nd and 23rd of September 2023, respectively, as the representative of UoP.

The sessions were highly appreciated and ranked by the participants.



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